

**BOARD OF TRUSTEES
CARSON CITY SCHOOL DISTRICT**

**REGULATION No. 555
STUDENTS**

SAFE EXPOSURE TO THE SUN

DEFINITIONS

1. "Sunscreen" refers to a topical product applied to the skin and approved by the United States Food and Drug Administration (FDA) to prevent damage caused from overexposure to the sun.
2. Ultraviolet radiation, or "UV ray", from sunlight is a major risk factor for most skin cancers. Even though UV rays make up only a very small portion of the sun's rays, they are the main cause of the sun's damaging effects on the skin.
3. "PABA free" means that the product does not contain para-amino benzoic acid. PABA free sunscreens are hypoallergenic. PABA has been known to cause problems with some individuals with certain allergies.

REGULATION

1. Use of Sunscreen
 - a. Students shall be allowed to carry and apply sunscreen without a physician's note or prescription. Sunscreen is not considered an over-the-counter medication. Unless they are siblings, students may not share sunscreen.
 - b. Neither staff nor volunteers shall be required to provide or apply sunscreen to students. However, staff may assist a student who is unable to physically apply sunscreen when requested by the student and authorized by the student's parent/guardian and the principal or designated administrator in writing.
2. Protective Clothing
 - a. Any student, staff, or volunteer participating in or supervising an outdoor school activity or at an outdoor district/school-sponsored activity shall be permitted and encouraged to:
 - i. Wear clothing designed to protect against exposure to the sun, including, but not limited to, hats which cover the ears and back of the neck.
 1. Such clothing shall comply with the District's student dress code.
 2. Schools that have mandatory student uniforms shall allow for flexibility in the student uniform when students are outside.
3. Other Protective Measures
 - a. Students, staff, and volunteers when engaged in outside activities are also encouraged to:

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- i. Limit exposure to the sun, or seek shade, during mid-day, especially from 10 a.m. to 4 p.m., when excessive UV rays are present;
 - ii. Use a PABA free sunscreen product thirty (30) minutes before engaging in outside activities; and
 - iii. Wear sunglasses which block the majority of UV rays and reduce the potential for cataract formation.
4. The Superintendent is delegated the authority to adopt procedures necessary to implement the provisions of this regulation. That may include, but is not limited to:
 - a. Granting exceptions to the student dress code and student uniform regulations when safe exposure to the sun necessitates such exceptions; and
 - b. Implementation of sun safety and skin cancer prevention and awareness lessons and activities in schools.
5. To the extent this regulation and/or procedure(s) adopted by the Superintendent pursuant to this regulation conflicts with any dress code, including without limitation, any school specific dress code or Standard Student Attire (SSA), this regulation shall govern.

IMPLEMENTATION GUIDELINES & ASSOCIATED DOCUMENTS

1. This regulation reflects the goals of the District’s Strategic Plan and aligns with the governing documents of the District, to include:
 - a. Board Policy 519, Dress Code
 - b. Board Regulation 519, Dress and Grooming
 - c. Board Regulation 519.1, Standard Student Attire

Reference: NRS 392.453

Adopted: June 9, 2020